



7-Day France Itinerary

A day-by-day plan from Poppy Carla

Best time to go: April to June, or September to October, for mild weather and fewer crowds.

Getting around: The metro and walking cover almost everything in Paris. Use fast trains (TGV) between cities.

Book ahead: Louvre, Eiffel Tower summit, Versailles and any long-distance train tickets.

**DAY
1**

Île de la Cité & the Latin Quarter

Visit Notre-Dame and Sainte-Chapelle, then cross to the Left Bank for the Latin Quarter's bookshops and narrow streets. Finish with a bistro dinner.

**DAY
2**

The Louvre & the Eiffel Tower

Take a timed Louvre ticket in the morning, walk through the Tuileries Garden to the Champs-Élysées and Arc de Triomphe, and finish at the Eiffel Tower for sunset.

**DAY
3**

Versailles Day Trip

Go early to the Palace of Versailles and its gardens. Plan for most of the day and be back in Paris for dinner.

**DAY
4**

Montmartre & the Marais

Climb to Sacré-Cœur and wander the Montmartre streets early, then spend the afternoon around Place des Vosges in the Marais.

**DAY
5**

Musée d'Orsay & the Left Bank

Visit the Musée d'Orsay, stroll the Luxembourg Gardens and browse Saint-Germain-des-Prés. Have a long farewell dinner.

**DAY
6**

Loire Valley Day Trip

Join a tour or take the train to Tours to visit Château de Chenonceau and Chambord, two of the best-known Loire châteaux.

**DAY
7**

Canal Saint-Martin & Farewell

Stroll the canal, shop in the Marais or Saint-Germain, and have a long final dinner.

Opening times, ticket rules, travel times and prices change, so check each detail before you book. More guides, stays and packing lists at poppycarla.com.