



7-Day Mexico Itinerary

A day-by-day plan from Poppy Carla

Best time to go: November to April, in the dry season, for sunny days on the coast.

Getting around: Walk and use rideshare apps in the cities. Domestic flights cover longer distances.

Book ahead: The Frida Kahlo Museum and any internal flights.

DAY 1

The Historic Center

See the Zócalo, the Templo Mayor ruins and the Palacio de Bellas Artes, then have dinner at a traditional restaurant.

DAY 2

Teotihuacan & Roma/Condesa

Visit the pyramids of Teotihuacan in the morning, before the heat and crowds. Spend the evening in the cafés of Roma and Condesa.

DAY 3

Coyoacán & Xochimilco

Visit the Frida Kahlo Museum and the Coyoacán market, then ride a colorful trajinera on the Xochimilco canals.

DAY 4

Fly to Oaxaca

Take a short flight (about 1 hour 15 minutes) and explore Oaxaca's zócalo, markets and chocolate shops.

DAY 5

Monte Albán

Visit the hilltop Zapotec ruins of Monte Albán in the morning, then sample mole and mezcal in the city.

DAY 6

Fly to the Coast

Take a morning flight to Cancún and transfer to Tulum (about 2 hours by road). Spend the afternoon on the beach.

DAY 7

Tulum Ruins & Cenotes

Visit the Tulum ruins early, then cool off in a nearby cenote and relax by the sea.

Opening times, ticket rules, travel times and prices change, so check each detail before you book. More guides, stays and packing lists at poppycarla.com.