



7-Day United States Itinerary

A day-by-day plan from Poppy Carla

Best time to go: April to June, or September to November, for comfortable walking weather.

Getting around: The subway and your feet in New York. Amtrak trains run along the East Coast.

Book ahead: Statue of Liberty ferry, observation decks, Broadway shows and train tickets.

**DAY
1**

Central Park & Museums

Walk Central Park, spend the late morning at the Metropolitan Museum of Art, and stroll Fifth Avenue before dinner.

**DAY
2**

Lower Manhattan

Take the ferry to the Statue of Liberty, visit the 9/11 Memorial and the Financial District, and have dinner nearby.

**DAY
3**

Brooklyn Bridge & DUMBO

Walk across the Brooklyn Bridge in the morning, explore DUMBO's waterfront and cobbled streets, and return to Manhattan for the evening.

**DAY
4**

High Line & Midtown

Walk the High Line to Chelsea Market for lunch, visit Grand Central and Bryant Park, then see the skyline from an observation deck at night.

**DAY
5**

Neighborhoods & Broadway

Explore Greenwich Village and SoHo, then catch a Broadway show in the evening.

**DAY
6**

Train to Washington, D.C.

Ride Amtrak south (about 3 hours) and see the Lincoln Memorial, the Washington Monument and the National Mall at golden hour.

**DAY
7**

Smithsonian Museums

Spend the day in the free Smithsonian museums, then walk Georgetown in the evening before heading home.

Opening times, ticket rules, travel times and prices change, so check each detail before you book. More guides, stays and packing lists at poppycarla.com.